



RESCUE AT HEIGHT

COURSE OUTLINE

The Working at Height Rescue training course will provide learners with the knowledge and practical experience to enable them to rescue fellow workers who may sustain injuries whilst working at height and are unable to descend naturally, or of whom may be suspended by fall arrest equipment and require rescuing.

The course will train the delegate in the skills and techniques necessary to safely rescue a casualty to ground from a variety of different scenarios such as scaffolding, slip form and other work at height platforms.

The course will also ensure employers can implement the legal requirements as stated within the Work at Height Regulations 2005 "Work at height must be carefully planned and that such planning must include a rescue plan including actions to be taken in the event of an emergency".

COURSE CONTENT

This course covers the following topics:

- Legislation overview
- Hazard identification, collective & personal protection
- Types of accidents and injuries likely to face during a rescue situation
- Rescue planning and general procedures
- Introduction to rescue kit and equipment, including contents of a rescue box
- Rescue equipment set up and rescue procedures for a variety of situations
- Controlled descent using rescue device
- Post rescue recovery
- Brief overview of stretcher work.

ASSESSMENT METHOD

- Continual observation assessment throughout
- Theory Paper
- Practical Assessment



ENTRY REQUIREMENTS

- Must be able to understand, write and speak English well.
- Medically fit & able
- Harness & fall restraint aware

DELIVERY

- 1 Day Duration
- Classroom & Practical Sessions

CERTIFICATION

Successful candidates will receive a Hartlepool Training certificate valid for 3 years.

RENEWAL

Certificates are renewed by re-sitting this course.

To book or for more information, visit our website hartlepooltraining.co.uk or speak with a member of the team on 01429 868657.